

Grief Support Program

The Canteen Activity Center continues the Grief Support Program hosted by Southern Care Hospice Services. May's topic will be "**The Loss Cycle**".

Whether it is emotional changes or physical changes, be included with a group that has experienced loss and can help with understanding and healing. Transportation is available if needed. Enjoy lunch after the program. Call to reserve your spot.

Invitation is extended to the 60 plus population.

*Save the Date - June 6, Topic - "Life vs. New Life"

Thursday, May 2, 2019



Location: Canteen Activity Center
800 Livingston Avenue
Bay City, 48708

\$2.50 (60 years & better)
suggested donation for lunch

10:30 a.m. - Program
12:00 noon - Lunch

Lunch offers choice of main entrée or salad or sandwich

Call Janie for any transportation requests or to make reservations at 892-6605
Tuesday, Wednesday and Thursday's from 9:30 a.m.—1:00 p.m.
Find us on Facebook @ Bay County Department on Aging
www.baycounty-mi.gov/Aging

Individuals with disabilities may request auxiliary aids/services by contacting ADA Coordinator Amber Davis-Johnson @ (989) 895-4131 by providing 10 days notice to the County of Bay before the scheduled event. Canteen May Grief 2019