

## HOW DO WE START?

- Call and provide information about the person.
- Make an appointment for a complimentary two hour Initial Visit to tour the center, meet other participants and the staff, and participate in activities.
- Schedule a four hour Trial Visit. Following these two visits, it will be determined if the individual will be accepted and enrolled in the program.
- Schedule the Enrollment. This must be completed prior to the individual attending the program. The enrollment will include obtaining information about the individual's social and medical history, current functional status (abilities and limitations), medications, and emergency care arrangements.

## PROGRAM FEES

There is a one-time Enrollment Fee. Fees for service are charged by the hour and include breakfast, lunch, snacks, and activities. Limited financial assistance may be available based on income.

## PROGRAM SUPPORT

The day program is supported in part by funding from Region VII Area Agency on Aging, United Way of Bay County, A&D Home Health Care, fees for service, contributions and in-kind support (lunch) from Bay County Department on Aging. The dementia training classes are funded by Title III-E funds from Region VII Area Agency on Aging and the Alzheimer's Fund of the Bay Area Community Foundation.

Located in the Bay County Child & Senior Citizen Center, Golden Horizons is the senior component of the inter-generational day care agency. As a private, non-profit, 501 (c)(3) organization, donations are tax deductible.



**Adult Day Center**  
**1001 Marsac Street**  
**(Corner of Broadway & Fremont)**  
**Bay City, Michigan 48708**

**(989) 892-6644**

**Hours: Monday through Friday**  
**7:30 A.M. - 5:30 P.M.**

## MISSION STATEMENT

Golden Horizons is dedicated to supporting the needs of individuals and their families affected by memory loss. The program specializes in dementia care through provision, education, and coordination of services.

Our experienced staff includes a licensed master social worker, a licensed practical nurse, and program assistants, all trained and committed to provide excellent care in a friendly, nurturing environment.

Benefits of participation include; opportunities for socialization, mental stimulation, physical activity, maintenance of daily living skills, and enhanced well-being.

Since opening in October 1988, the program has enriched the lives of both program participants and the family members who care for them.

## WHAT IS AN

### ADULT DAY CENTER?

An Adult Day Center offers a variety of programs for older adults with memory loss, who participate in activities in a supportive, supervised setting by day, and return to the comfort of their home at night.

An Adult Day Center may be just what you need if you are caring for someone and . . .

- you are having difficulty finding meaningful, stimulating activities for them, and free time for yourself
- your family member requires supervision while you work
- your family member has become socially isolated

## SERVICES OFFERED . . .

- Physically and mentally stimulating activities
- Social activities
- Intergenerational programs
- Nutritious breakfast, lunch & snacks
- Individualized care planning
- Health care monitoring
- Counseling
- Referral and coordination of care services
- Caregiver support group
- Dementia Training Classes
- Bay County Dementia Information Line 892-4530
- Transportation: Curb to curb provided by Bay Metro's Golden Horizons Route Service; or Dial A Ride

*This program complies with the Civil Rights Act.*

(Revised 7/27/17)