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| <p>(6) CHI CHI CHILI (23) Mexican Corn (20) Corn Muffin (24) Mandarin Oranges and Pineapple Chunks (19)</p> | <p>(7) HOT DOG (1) WITH CONEY SAUCE ON (8) A WHOLE WHEAT BUN (19) Tater Tots (17) Mixed Vegetables (11) Blueberry Applesauce (17)</p> | <p>(8) BREADED POLLACK (16) Cheesy Mashed Potatoes (16) Parmesan Brussels Sprouts (9) Whole Wheat Bread (10) Gala Apple (29)</p> | <p>(9) GOURMET CHICKEN TETRAZZINI (31) Garden Vegetable Blend (9) Multigrain Dinner Roll (24) Pistachio Fruit Dessert (28)</p> | <p>(10) SLOW-COOKED BEEF POT ROAST (2) Mashed Potatoes (17) w/Beef Gravy (2) Stewed Tomatoes (15) Whole Wheat Bread (10) Mixed Fruit Cup (13)</p> |
| <p>(13) HAMBURGER GRAVY (8) Mashed Potatoes (17) Kyoto Blend Vegetables (8) Multigrain Dinner Roll (24) Apricots (14)</p> | <p>(14) TENDER BEEF TIPS (8) Buttered Noodles (13) Honey Wheat Dinner Roll (13) Fresh Pear (23)</p> | <p>(15) CLASSIC HAMBURGER ON (0) A WHOLE WHEAT BUN (25) Down-Home Fries (15) Roasted Cauliflower (4) Fresh Clementine (9)</p> | <p>(16) BAKED TURKEY (3) Mashed Potatoes (17) w/Turkey Gravy (2) Squash (10) Strawberry Poke Cake (33)</p> | <p>(17) IN-SERVICE STAFF MEETING ALL OFFICES AND ACTIVITY CENTERS WILL BE CLOSED</p> |
| <p>(20) CHICKEN & PASTA ALFREDO (21) Broccoli Florets (4) Whole Wheat Bread (10) Frozen Strawberries (25)</p> | <p>(21) SLOPPY JOES ON A (9) WHOLE WHEAT BUN (25) Oven-Baked Potato (28) Green Beans (5) Frosted Brownies (45)</p> | <p>(22) SALISBURY STEAK (8) Mashed Potatoes (17) Riviera Blend Vegetables (6) Whole Wheat Bread (10) Pineapple Orange Delight (31)</p> | <p>(23) SPANISH RICE WITH MEAT (26) French Cut Green Beans (2) Hawaiian Roll (0) Carolina Fruit Salad (36)</p> | <p>(24) CHEESE RAVIOLI & MARINARA SAUCE (38) Winter Blend Vegetables (5) Honey Wheat Dinner Roll (14) Fresh Orange (0)</p> |
| <p>(27) MEMORIAL DAY ALL OFFICES AND ACTIVITY CENTERS WILL BE CLOSED</p> | <p>(28) HOMESTYE LASAGNA (33) Colorful Peas & Carrots (8) Garlic Toast (11) Chocolate Chip Cookie (26)</p> | <p>(29) CHICKEN & PASTA SALAD (30) Hawaiian Roll (0) Tropical Fruit Salad (21)</p> | <p>(30) ROASTED PORK LOIN (0) Mashed Potatoes (17) w/Pork Gravy (2) Broccoli w/Cheese Sauce (5) Whole Wheat Bread (10) Pineapple Chunks (17)</p> | <p>(31) FALL APPLE SALAD (55) Cottage Cheese (5)</p> |

All Meals at the Activity Centers served with Fat-Free Milk (13)
(Number next to the menu item indicates grams of carbohydrate.)

SALAD/SANDWICH MENU

MAY 2019

| SALAD CHOICE FOR THE WEEK | SANDWICH CHOICE FOR THE WEEK |
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| <p>(WEEK OF 5-6 THRU 5-10-19) <u>TACO SALAD</u> Seasoned Beef Corn Black Beans Crushed Taco Chips Salsa/Ranch Dressing</p> | <p><u>CHICKEN CORDON BLEU WRAP</u> Breaded Chicken Ham Slice Bacon Swiss Cheese Whole Wheat Wrap</p> |
| <p>(WEEK OF 5-13 THRU 5-17-19) <u>SPINACH SALAD</u> Baked Chicken Egg Mandarin Oranges Toasted Almonds Crushed Croutons Bacon Ranch Dressing Multi-Grain Dinner Roll</p> | <p><u>CALIFORNIA TURKEY REUBEN</u> Turkey Breast Coleslaw Swiss Cheese Pickles Ciabatta Bread</p> |
| <p>(WEEK OF 5-20 THRU 5-24-19) <u>CHEF SALAD</u> Turkey Ham Cheddar Cheese Egg Cucumber Croutons Buttermilk Dressing Multi-Grain Dinner Roll</p> | <p><u>HAWAIIAN BBQ CHICKEN WRAP</u> Chicken Breast BBQ Sauce Mozzarella Cheese Pineapple Red Onion Whole Wheat Wrap</p> |
| <p>(WEEK OF 5-27 THRU 5-31-19) <u>FALL APPLE SALAD</u> Diced Chicken Gala Apple Slices Dried Cherries Walnuts Swiss Cheese Poppyseed Dressing Multi-Grain Dinner Roll</p> | <p><u>TUNA SALAD SUB</u> Creamy Tuna Salad Cucumber Submarine Bun</p> |

All Salads and Sandwiches served with
 Dessert and/or Fruit of the Day and Fat-Free Milk