

Williams Senior Dining Center
presents
Keeping the Memory Sharp



Williams Senior Dining Center will be offering, Bonnie Fritz, LPN, Nurse/Educator from Golden Horizons, to inform us on the keys to a sharp memory. Topics will focus on brain health, improving memory, when issues are normal and when your physicians should be contacted. Enjoy a noon meal with discussion after.
Question and answer to follow.

Location: Williams Dining Center, 1080 W. Midland Rd, Auburn, 48611

Wednesday, May 27, 2015

Time: 10:30—11:55 a.m. Program
12:00 noon—Lunch

Lunch suggested donation:
\$2.50 (60 years & better)
Fee: \$4.75 (59 years & under)

Menu: Choice of entrée or salad or sandwich of the week
entrée: Baked Pork Chops, Baked Potato, Veggies, Peaches and Beverages
Salad: Spinach or Sandwich: Tuna Salad Wrap

Call Velda for any transportation requests and reservations at
662-6521 or main office at 895-4100 or toll free 1-877-229-9960.
Visit our web page at www.baycounty-mi.gov/Aging/

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Name: _____ Phone # _____

Address: _____ Amt. Paid: _____

Indicate menu request: Entrée: _____ Salad: _____ Sandwich: _____

Eligible (60 yrs & better) _____ Non Eligible (59 yrs. & under) _____

Indicate if Release and Waiver of Liability is on file: Yes _____ Need to Sign _____
(only need one release on file)

Individuals with disabilities may request auxiliary aids/services by providing 10 days notice to the County of Bay before the scheduled event. Requests should be directed to Tim Quinn at (989) 895-4098. Keep the Memory Sharp Williams 2015