

Bay County Division on Aging ~ presents

In service Opportunity for Volunteers, Caregivers and Seniors

Stroll State Park & Picnic

Live in the NOW. Appreciate the opportunities in our backyard. Take a breather. Clear your mind of the clutter. Get back to nature. This inservice will offer a time out to enjoy. We will meet at the State Park where we will take a walking stroll and enjoy the opportunity to view nature and just be free of worry. If you are unable to stroll the one hour journey, meet at the Pavilion for the picnic portion of the program, with meeting to follow for caregivers. If you do not have a sticker for State Park car pool opportunities will be available at Riverside Center, 800 J. F. Kennedy Drive.

(The surface for walking will be tar, gravel and mulch.)

Thursday, July 17, 2014

11:00 - 12:00 p.m. Strolling Walk
12:00 - 1:00 p.m. Lunch
1:00 - 2:30 p.m. Caregiver Meeting

Location: State Park Pavilion,
3582 State Park Drive
Bay City, 48706

Space is limited so get your registration in early.
\$2.50 suggested donation (60 yrs & better) for lunch
fee of \$4.75 (59 yrs & under)

Menu ~ or a choice of Salad or Sandwich of the week
Salad: Spinach or **Sandwich:** American Club Wrap

To make reservations and/or transportation requests call Sandy at (989) 893-7070.

A reservation must be made to attend by calling or filling out the detached section of this form,
no later than Tuesday, July 15, 2014



Name: _____ Phone #: _____

Address: _____ Amt. Paid: _____

Indicated menu request: salad _____ sandwich _____

Senior: Caregiver Participant: Division on Aging Volunteer:

Indicate if Release and Waiver of Liability is on file: Yes _____ Need to sign _____

(Only need one release on file for the year.)

Individuals with disabilities may request auxiliary aids/services by providing 10 days notice to the County of Bay before the scheduled event.
Request should be directed at, (989) 895-4130 or 895-4049. Inservice Stroll State Park July 17