

# "Healing the World One Flute at a Time

Canteen Activity Center, has the distinct honor in welcoming John Sarantos, Native American Flute Instructor for a lecture and mini concert. As one of the World's pre-eminent Native American flute instructors, John has facilitated weekend and week-long contemporary Native American flute workshops from coast to coast for over 18 years. John is also recognized as a Native flute music historian. In 2016, with Dr. Sylina TaliniYona, John release two meditation recordings; Letting Go and Understanding the Path.

He will have CD's available for purchase.

Come and enjoy the sounds of soothing, relaxing music along with John's vast knowledge.

Stay for lunch and continue the discussion with John.



**Thursday, October 20, 2016**

Location: Canteen Activity Center  
800 Livingston Avenue  
Bay City, 48708

11:00—12:00 noon, Presentation  
John Sarantos  
12:00 noon Lunch

\*\$2.50 (60 years & better)

\$4.75 (59 years & under)

(Package includes: \$2.50 suggested donation for lunch)

Lunch offers choice of main entrée or salad or sandwich:

Entrée: Roasted Pork Loin, Mixed Vegetables, Corn Casserole, Strawberry Poke Cake, Roll  
Salad: Chef or Sandwich: Taco Wrap

Call Alice for any transportation requests or to make reservations at 892-6605, Wednesday and Thursday's from 9:30 a.m.—1:00 p.m. Or the main office at 895-4100.

Visit our web page at [www.baycounty-mi.gov/aging/](http://www.baycounty-mi.gov/aging/) for more exciting opportunities.

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Name: \_\_\_\_\_ phone #: \_\_\_\_\_  
Address or email: \_\_\_\_\_ Amount Paid: \_\_\_\_\_  
Indicate menu choice: Entrée \_\_\_\_\_ Salad \_\_\_\_\_ Sandwich \_\_\_\_\_  
Eligible (60 yrs. & better) \_\_\_\_\_ Non Eligible (59 yrs. & under) \_\_\_\_\_  
Indicate if a Release and Waiver of Liability is on file: Yes \_\_\_\_\_ Need to Sign \_\_\_\_\_  
only need one release on file

Individuals with disabilities may request auxiliary aids/service by providing 10 days notice to the County of Bay before the scheduled event.  
Request should be directed at 895-4098. Healing the World W/Flutes 2016