

Commit to Quit in 2015...



In an effort to support the wellness of our employees, we are pleased to announce that we are offering a Smoking Cessation program! The smoking cessation benefits are available to those employees, spouses and their dependents who are enrolled in the Bay County BCBS plan.

*Contact Jeanie Deckert, Wellness Coordinator if you have any questions about this program.
deckertj@baycounty.net or 989-895-4087.*

WHAT'S INCLUDED?

Sample of Over-the-Counter (OTC) Medications Included:

- Nicotine Polacrilex 2mg (Nicotine Gum) (\$0)
- Nicotine Polacrilex 4mg (Nicotine Gum) (\$0)
- Commit 2mg Lozenges (\$0)
- Commit 4mg Lozenges (\$0)
- Nicotine 21/24 Hr. TD Patch (\$0)
- Nicotine 14/24 Hr. TD Patch (\$0)
- Nicotine 7/24 Hr. TD Patch (\$0)

Sample of Prescription Medications Included:

- Nicotrol Cartridge Inhaler (\$0)
- Nicotrol Nasal Inhaler (\$0)
- Bupropion HCL 150mg SA (\$0)
- Chantix Starting Pack (\$0)
- Chantix Continuing Pack (\$0)

Talk to your physician about which treatment may be right for you!

How to Use the Smoking Cessation Program:

1. Talk to the Bay County Wellness Center or your Physician about which anti-smoking treatment may be right for you.
2. Obtain a prescription for either the over the counter (OTC) medication or the prescription strength medication.
3. Present that prescription to the pharmacist.
4. Pharmacist will bill the prescription to EHIM.
5. You will receive the medication for a \$0.00 copay.

