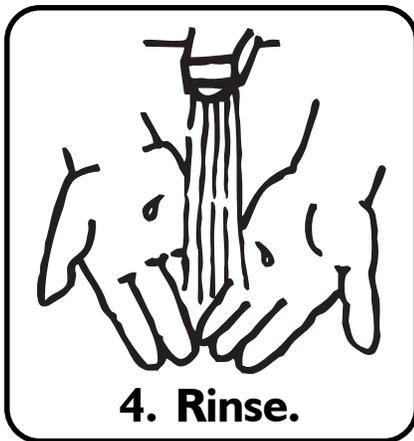
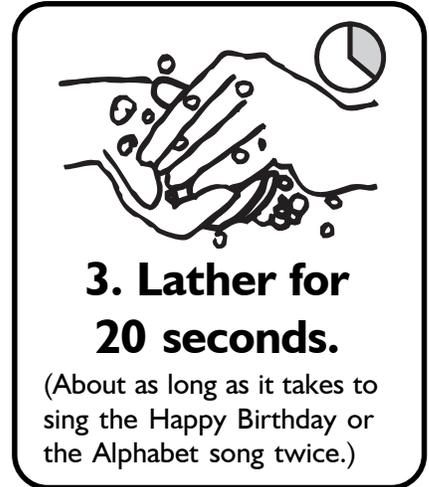
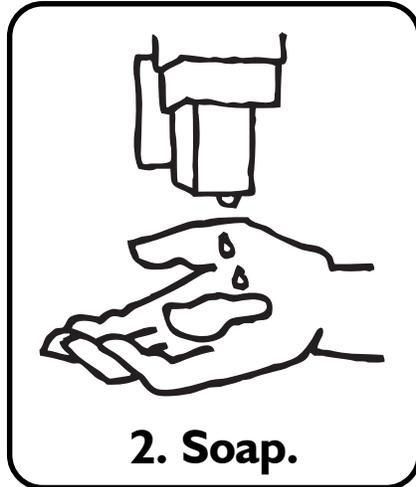


POSTER:

Handwashing



Always Wash Your Hands:

- Before and after touching food.
- After using the washroom.
- After sneezing, coughing or blowing your nose.
- After touching pets or handling garbage.
- After outdoor activities.

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Handwashing is one of the “most important means of preventing the spread of infection,” according to the Centers for Disease Control and Prevention (CDC) and Dr. Beth Alexander, University Physician, Michigan State University.