



It's time for your free prostate cancer screening.

Tuesday, Nov. 5, 2013

6-9 p.m.

McLaren Bay Region - South Tower Entrance
1900 Columbus Avenue, Bay City

RSVP required by calling toll-free 1-877-411-2762

NEW FOR 2013:

DREs no longer necessary. Only PSA blood test required for men 55-70 years of age.

Recent national guidelines suggest that Digital Rectal Exams (DREs) are no longer beneficial as part of community-wide prostate cancer screening; however, Prostate Specific Antigen (PSA) testing is still recommended for men 55-70 years old.

When it comes to prostate health, be proactive. Get screened for prostate cancer, and get the peace of mind you and your loved ones deserve.

Shared decision making between men and their healthcare provider on whether to undergo DRE and/or PSA screening is the best alternative when discussing the risks versus benefits of prostate cancer screening and treatment. This discussion should begin at age 40, or earlier for men at higher risk, including African Americans and men with a family history of prostate cancer diagnosed at an early age. For more information regarding Prostate Cancer Screening Guidelines & Recommendations, visit www.mclaren.org/bayregion.



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