



Maintaining a Healthy Lifestyle



The Breast Cancer Support Group at McLaren Bay Region proudly offers a Breast Cancer Educational Forum for new patients, caregivers, and survivors. Join us for a presentation and answer session of a topic related to breast cancer. This is followed by a meeting of our support group that you are welcome to listen, ask questions, or participate if you desire.

July

All About Relay

Presented by Randal Croshaw, MD and Nancy Morrow, RN
Thursday, July 11th at 6:00 p.m. (date change due to 4th of July holiday)
Tuesday, July 16th at 12:15 p.m.

August

Speech Therapy Strategies for Cancer Rehabilitation

Presented by Whitney Dubay, Speech and Language Pathologist
Thursday, August 1st at 6:00 p.m.
Tuesday, August 20th at 12:15 p.m.

September

Management of Hot Flashes in Breast Cancer Survivors

Presented by Stephanie Ash, MD
Thursday, September 5th at 6:00 p.m.
Tuesday, September 17th at 12:15 p.m.
Please note: Dr. Ash's presentation on September 5th will be videotaped and shared during the September 17th meeting (only the speaker and her presentation will be videotaped.)

All the meetings will be held in the conference room at the Women's Health Pavilion, 3175 W. Professional Drive - located on McLaren Bay Region's West Campus. Guests are welcome to join you!

RSVP requested, but not required to Nancy at 989-667-6357.

July August September 2013

Your Hosts



**Randal Croshaw, MD,
Breast Surgeon
and**

**Nancy Morrow, RN,
Breast Health Navigator**

will be your hosts for the meetings and will also be available to answer any individual questions that you may have.