



# 2012 Stroke Screening

## December 11

8 a.m. – noon

Center for Rehabilitation, McLaren Bay Region, West Campus

3190 E. Midland Road

\$10—Payable at the screening

**Preregistration required. Call 1 (877) 411-2762.**

Stroke doesn't discriminate; it affects people of all ages, ethnicities and backgrounds. Fortunately, most strokes are preventable, and you can take steps now to reduce your risk. See the easy-to-remember symptom list to the right.

Screening includes:

- Diabetes screening
- Blood pressure and pulse
- Full lipid profile, including total cholesterol, HDL, LDL and triglycerides
- Risk-reduction plan
- Results counseling

You will leave the screening with your results and a plan of action!

A 12-hour fast is required for accurate results. Even though this is a fasting blood test, please take any morning medication as usual with a sip of water.

**Call 1 (877) 411-2762 toll-free any time.**

Joint Commission Primary Stroke Center · Neuroscience Center of Excellence

## Recognize Stroke

**Symptoms in Others —FAST!**

### FACE

Check the person's smile.

Does one side of the face droop?

### ARMS

Ask the person to raise both arms.

Does one arm drift downward?

### SPEECH

Ask the person to repeat a simple sentence. Are the words slurred?

### TIME

If you notice any of these symptoms, call 911 immediately. Brain cells are dying.



BAY REGION