



Which of these people is most likely to have a stroke?

## 2013 Stroke Screenings

**February 19 • April 18 • June 20 • August 20 • October 24 • December 3**

Stroke doesn't discriminate; it affects people of all ages, ethnicities and backgrounds. Fortunately, most strokes are preventable, and you can take steps now to reduce your risk. Begin by understanding the risk factors and find out how you stack up. *See the easy-to-remember symptom list to the right.*

8 a.m. – noon  
Center for Rehabilitation, McLaren Bay Region, West Campus  
3190 E. Midland Road  
\$10—Payable at the screening

**Preregistration required. Call toll-free 1 (877) 411-2762.**

Screening includes:

- Diabetes screening
- Blood pressure and pulse
- Full lipid profile, including total cholesterol, HDL, LDL and triglycerides
- Risk-reduction plan
- Results counseling

You will leave the screening with your results and a plan of action!

A 12-hour fast is required for accurate results. Even though this is a fasting blood test, please take any morning medication as usual with a sip of water.

**Call 1 (877) 411-2762 toll-free any time.**

*Joint Commission Primary Stroke Center • Neuroscience Center of Excellence*

### Recognize Stroke Symptoms in Others —FAST!

#### FACE

Check the person's smile. Does one side of the face droop?

#### ARMS

Ask the person to raise both arms. Does one arm drift downward?

#### SPEECH

Ask the person to repeat a simple sentence. Are the words slurred?

#### TIME

If you notice any of these symptoms, call 911 immediately. Brain cells are dying.



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