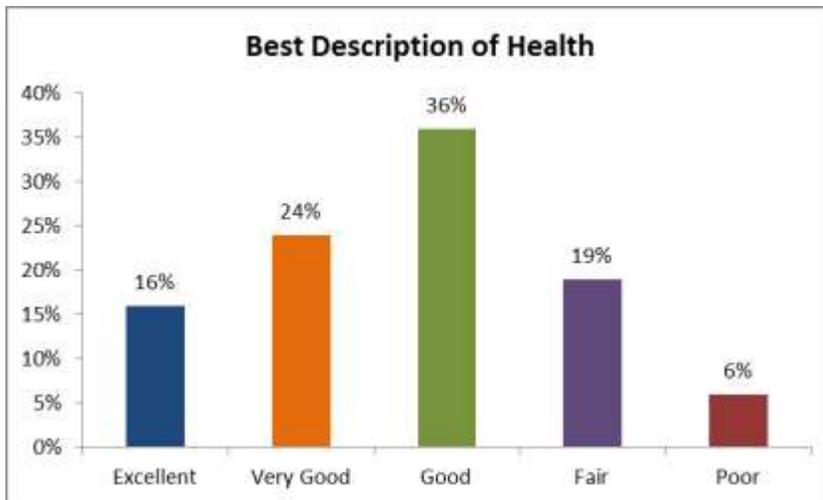


General Health in Bay County

2012 Community Health Assessment Data at a Glance



Source: 2012 Bay County Phone Survey, Lake Research Partners

When asked how they would describe their overall health,

1 in 4 residents described their health as **fair or poor**.

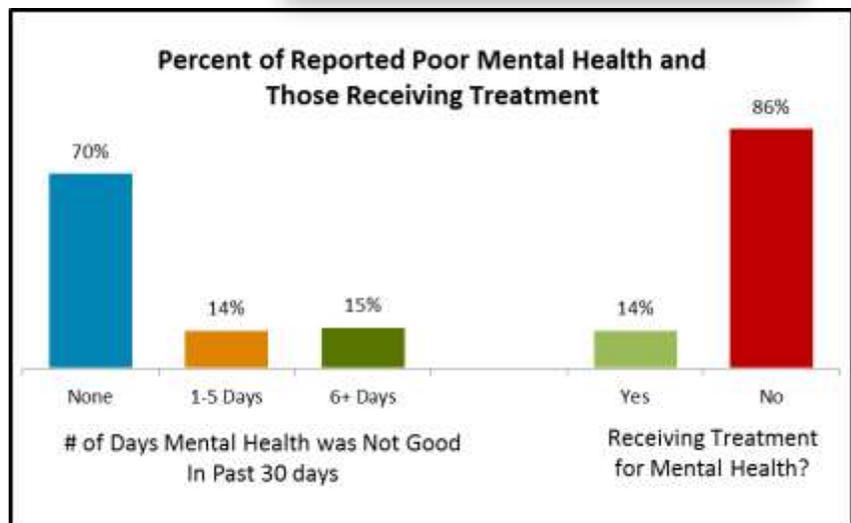
Six in 10 say it is **good or very good**.

16% describe their health as excellent.

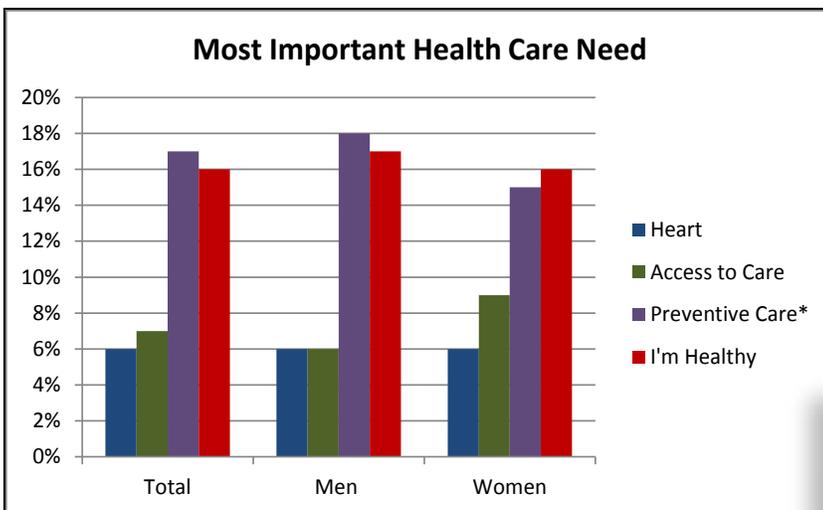
Nearly **3 in 10** residents say their mental health **has been not good** on at **least 1 day** in the last 30 days.

While **15%** report their mental health has not been good on **6 or more** days in the last 30 days.

Just 14% say they are receiving treatment for mental health.



Source: 2012 Bay County Phone Survey, Lake Research Partners



Source: 2012 Bay County Phone Survey, Lake Research Partners

Top Four Most Important Health Care Needs of Bay County Residents

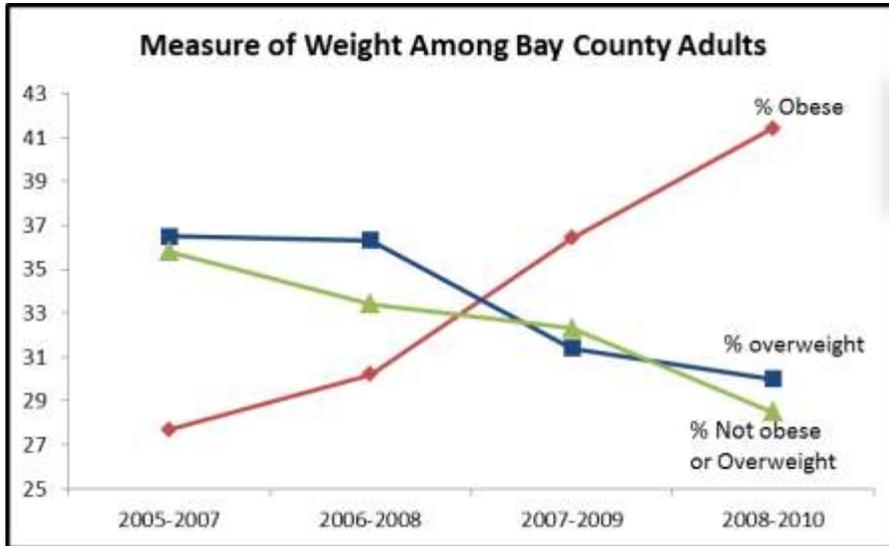
7% surveyed report **Access to Care** and **6%** reported their Heart as being their most important health care need.

Interestingly, **16%** of Bay County residents said they had **no concerns, they are healthy**.

17% report the most important health care need is Preventive Care

General Health in Bay County

2012 Community Health Assessment Data at a Glance



The percent of Bay County Adults who are obese rose 5%

24% of surveyed Adults report that they **are not physically active** during leisure time.

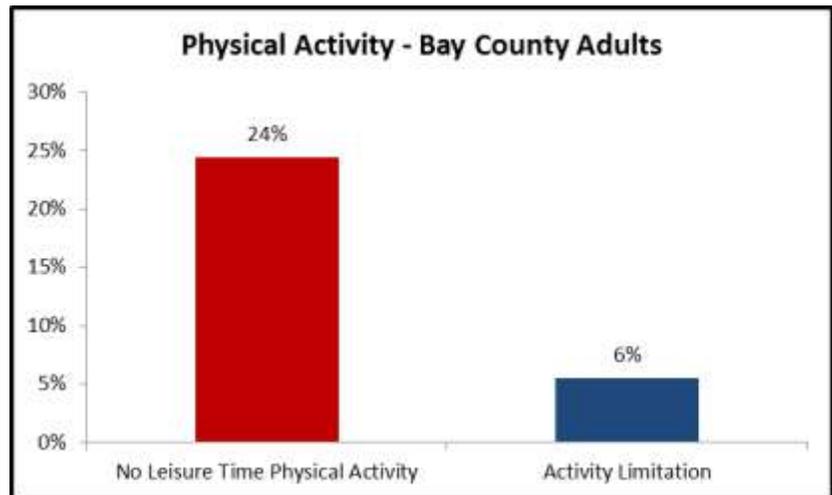
6% were **not able** to be physically active **due to poor physical or mental health**.

Source: Michigan Behavioral Risk Factor Surveillance Survey, 2010

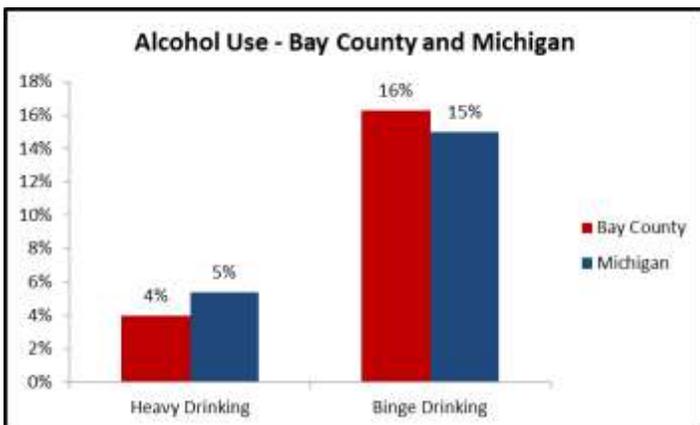
16% of Bay County Adults report **binging drinking** in the past 30 days, while only 5% report **heavy drinking**.

26% of Bay County Adults surveyed report being **current smokers**.

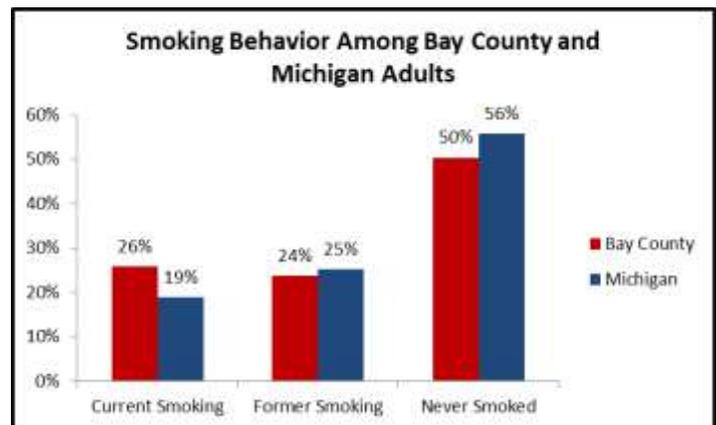
Bay County has a higher smoking rate than the state of Michigan.



Source: Michigan Behavioral Risk Factor Surveillance Survey, 2010



Source: Michigan Behavioral Risk Factor Surveillance Survey, 2010



Source: Michigan Behavioral Risk Factor Surveillance Survey, 2010