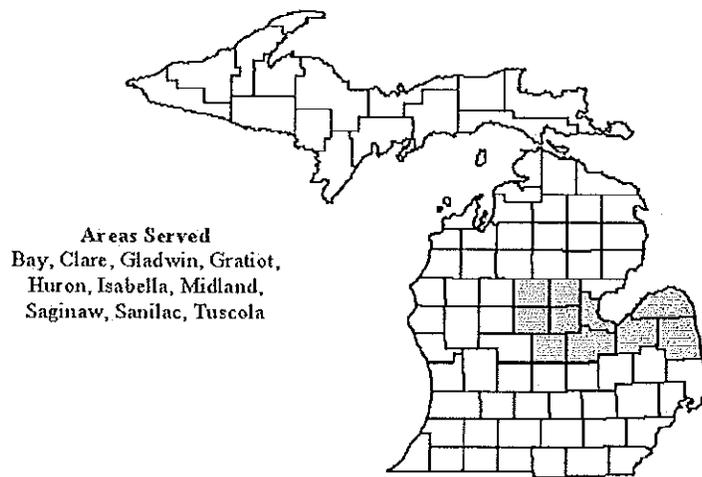


# 2016 ANNUAL IMPLEMENTATION PLAN REGION VII AREA AGENCY ON AGING



1615 S. Euclid Avenue  
Bay City, MI 48706  
989-893-4506  
1-800-858-1637  
989-893-3770 (Fax)  
Andrew Orvosh, Executive Director  
[www.region7aaa.org](http://www.region7aaa.org)

Field Representative Eric Berke, 231-796-8876  
[berkee@michigan.gov](mailto:berkee@michigan.gov)



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Table of Contents

|  |    |
|--|----|
| County/Local Unit of Government Review | 3  |
| Plan Highlights                        | 4  |
| Public Hearings                        | 8  |
| Scope of Services                      | 10 |
| Planned Service Array                  | 11 |
| Planned Service Array Narrative        | 12 |
| Targeting                              | 13 |
| Regional Service Definitions           | 14 |
| Access Services                        | 15 |
| Direct Service Request                 | 18 |
| Regional Service Request               | 20 |
| Program Development Objectives         | 22 |
| Advocacy Strategy                      | 26 |
| Leveraged Partnerships                 | 27 |
| Community Focal Points                 | 29 |
| Other Grants and Initiatives           | 32 |
| Budget & Other Documents               | 38 |
| Appendices                             | 33 |



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## County/Local Unit of Govt. Review

The Area Agency on Aging must send a letter requesting approval of the final AIP by no later than June 30, 2015, with delivery and signature confirmation, to the chairperson of each County Board of Commissioners within the PSA requesting approval by August 1, 2015. For a PSA comprised of a single county or portion of the county, approval of the AIP is to be requested from each local unit of government within the PSA. If the AAA does not receive a response from the county or local unit of government by August 3, 2015, the AIP is deemed passively approved. The AAA must notify their OSA field representative by August 7, 2015 whether their counties or local units of government formally approved, passively approved, or disapproved the AIP. The AAA may use electronic communication, including email and website based documents, as an option for acquiring local government review and approval of the Area Plan. To employ this option, the AAA must:

--Send a letter through the US Mail, with delivery and signature confirmation, to the chief elected official of each appropriate local government advising them of the availability of the final draft AIP/MYP on the area agency's website. Instructions for how to view and print the document must be included.

--Offer to provide a printed copy of the AIP/MYP via US Mail or an electronic copy, via e-mail, if requested.

--Be available to discuss the AIP/MYP with local government officials, if requested.

--Request email notification from the local unit of government of their approval of the AIP/MYP, or their related concerns.

Describe the efforts made to distribute the AIP to and gain support from the appropriate county and/or local units of government.

### AAA Response:

Each county commission in the Region VII Area Agency on Aging planning and service area will receive a printed hard copy of the FY 2016 Annual Implementation Plan along with a cover letter requesting its approval and an invitation for presentation about the plan by the Wednesday, June 30, 2015, deadline.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Plan Highlights

The purpose of the Plan Highlights is to provide a succinct description of the priorities set by the area agency for the use of OAA and State funding during FY 2016. Please note there are separate text boxes for response to each bullet item. The Plan Highlights must include the following:

1. A brief history of the area agency and respective PSA that provides a context for the AIP. It is appropriate to include the area agency's vision and/or mission statements in this section.
2. A summary of services to be provided under the plan which includes identification of the five service categories receiving the most funds and the five service categories with the greatest number of anticipated participants.
3. Highlights of planned Program Development Objectives.
4. A description of planned special projects and partnerships.
5. A description of specific management initiatives the area agency plans to undertake to achieve increased efficiency in service delivery, including any relevant certifications or accreditations the area agency has received or is pursuing.
6. A description of how the area agency's strategy for developing non-formula resources, including utilization of volunteers, will support implementation of the AIP.

1. A brief history of the area agency and respective PSA that provides a context for the AIP. It is appropriate to include the area agency's vision and/or mission statements in this section.

It is the mission of Region VII Area Agency on Aging to advocate, plan, develop and support a comprehensive system of quality care and services designed to achieve the optimum level of health, well-being, and independence of people as they age. The organization includes Bay, Clare, Gladwin, Gratiot, Huron, Isabella, Midland, Saginaw, Sanilac, and Tuscola counties and celebrated its 40th anniversary in 2014. The ability of the agency to meet its mission continues to be dependent on Older American's Act and state funding, and the cooperation of county units on aging, and additional service providers. Policy Board and Advisory Council members are appointed by their respective county commissions. Representation for labor, minority, and healthcare are included in these appointments.

All counties in the planning and service area have a senior tax millage that supports county-run nutrition, social, health and well-being, and in-home support programs for people age 60 and older. These programs are also funded by the Older Americans Act and state funds that Region VII AAA contracts to the county units on aging. The opportunities that the Aging and Disability Resource Collaborative (ADRC) effort provided have been a catalyst in starting "bigger picture" conversations about home and community-based long-term care support delivery for people of all areas, with specific emphasis in our region on transportation, and the continued viability of services paid for mostly by public monies.

As we move into the third year of the 3-year multi-year plan, we continue developing relationships necessary to expand and support current thinking for the delivery of services and supports to older adults.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## 2. A summary of services to be provided under the plan which includes identification of the five service categories receiving the most funds and the five service categories with the greatest number of anticipated participants.

Services are available to people age 60 and older who have the greatest social and economic need. The Medicaid MI Choice home and community-based waiver services are available to adults age 65 and older and those age 18 and older who are disabled. All candidates for the program must meet nursing home level of care and Medicaid financial requirements. Family caregivers providing supports to an adult age 60 and older, as well as grandparents and relatives raising a relative's children, may be eligible for some services at age 55. Title V Senior Employment may be available to adults age 55 and older who meet eligibility requirements. All state funded services may not be available in all counties.

### Access Services:

Information and Assistance  
Case Coordination and Support  
Care Management  
Transportation  
Outreach

Services contracted to county units on aging and other providers include: Congregate Nutrition, Senior Center Staffing, Kinship/Older Relative Program, Caregiver Training and Education, Disease Prevention/Health Promotion, Adult Day Care, Legal Assistance, Elder Abuse Prevention, Long-term Care Ombudsman, Home Repair, Home-delivered Meals, Personal Care, Respite, Homemaking, and Chore services.

The following categories receive the most funding and also serve the greatest number of older adults:

1. Home-Delivered Meals
2. Congregate Nutrition
3. Care Management
4. Personal Care
5. Homemaking

## 3. Highlights of planned program development objectives.

Region VII AAA strives to finalize work on goals that were set in the last cycle with an eye towards the future. We anticipate increasing the quality and quantity of evidence-based workshops in our planning and service area.

We are using all available resources to minimize any instance of a waiting list for in-home services with particular effort continuing with Silver Key Coalition advocacy to make Michigan a "No Wait State." The Contracts Manager continues to meet quarterly with nutrition providers to enhance knowledge of the state and federal standards for congregate and home-delivered meals.

To meet state Goal 2, which involves ensuring that older adults have choice in where they live through increased access to information and services, Region VII AAA continues to work on Care Transitions planning efforts and to develop relationships with the Centers for Independent Living and others who share the goal of safe, affordable housing options for older adults.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

## Region VII Area Agency On Aging

FY 2016

With regard to state Goal 3, in addition to continued legislative advocacy, Region VII AAA works in the communities using resources supported by the Older Americans Act and other fund sources. We intend to assemble a workgroup of professionals in the aging network to look at local issues of financial exploitation, banking, and reporting of suspicious activities to find remedies that reduce the frequency of this problem.

For state Goal 4, Region VII AAA is working on Certification and Accreditation of Rehabilitation Facilities, (CARF). The agency is also looking at technical assistance supplied under the Michigan Health Endowment Fund grant for the purpose of being able to bill Medicare for eligible evidence-based workshops completed by older adults in the planning and service area and continuing with our long-range plan of development for a Community Living program to be offered to those who have income and ability to private pay.

NOTE: Our regional goal under our multi-year plan was to establish Aging and Disability Resource Collaborative(s) covering the entire planning and service area. This goal has been accomplished. No new regional goal is desired at this time.

#### 4. A description of planned special projects and partnerships.

We have three special projects to focus on in FY 2016. The first is continued work on reducing hospital readmission rates. This is also known as Care Transitions.

The second is to educate direct care workers using the TPAAN (Training to Prevent Abuse and Neglect) a PHI National program designed for people providing paid care in home and community-based settings.

The third is educating Region VII AAA staff and others who work with older adults in the planning and service area about sensitivity towards LGBT (lesbian, gay, bi-sexual or transgender) older adults. We plan to use the National Resource Center tools endorsed by the Older Americans Act by providing a large scale training event involving Michigan's only NRC certified LGBT Older Adult educator.

These special projects will involve collaboration with many of the service providers in the planning and service area. In the case of Care Transitions, we anticipate interest from the Hospital Council of East Central Michigan's membership and a variety of organizations that coordinate and provide supports from other healthcare and disability service entities. Sustainability for these efforts is the goal, so that programming may carry over into the fiscal year 2017-2019 multi-year plan.

In addition to these priorities, we have a heightened awareness of the importance of evidence-based education for older adults and will continue to strive to provide the highest level of programs available by allocating needed staff and financial resources, recruiting additional trainers, coaches, lay leaders, and participants.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

**5. A description of specific management initiatives the area agency plans to undertake to achieve increased efficiency in service delivery, including any relevant certifications or accreditations the area agency has received or is pursuing.**

Region VII AAA continues to develop a service array and infrastructure needed to accept private pay, and other sources of funding. The agency is pursuing CARF which will indicate a high level of quality in our business practices in the areas of: Home and community-based services to older adults, Case Management, and functional knowledge of the Aging Services Network.

**6. A description of how the area agency's strategy for developing non-formula resources, including utilization of volunteers, will support implementation of the AIP.**

Region VII AAA staff will offer to participate in local workgroups that deal with volunteer issues, to offer technical assistance when needed, and facilitate advocacy as desired by communities working to improve the quantity of volunteers in programs that serve older adults. This effort supports the AIP goal of improving nutrition for older adults.

Efforts are being made to secure a Medicare billing number the agency can use for billing Medicare for eligible evidence-based workshops on behalf of Medicare participants.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Public Hearings

At least one public hearing on the FY 2016 AIP must be held in the PSA. The hearing must be held in an accessible facility. Persons need not be present at the hearing in order to provide testimony; e-mail and written testimony must be accepted for at least a thirty (30) day period beginning when the summary of the AIP is made available.

The area agency must post a notice of the public hearing(s) in a manner that can reasonably be expected to inform the general public about the hearing. Acceptable posting methods include, but are not limited to: paid notice in at least one newspaper or newsletter with broad circulation throughout the PSA; presentation on the area agency's website, along with communication via email and social media referring to the notice; press releases and public service announcements and; a mailed notice to area agency partners, service provider agencies, Native American organizations, older adult organizations and local units of government. The public hearing notice should be available at least thirty (30) days in advance of the scheduled hearing. This notice must indicate the availability of a summary of the AIP at least fifteen (15) days prior to the hearing, and information on how to obtain the summary. All components of the AIP should be available for the public hearings.

Complete the chart below regarding your public hearings. Include the date, time, number of attendees and the location and accessibility of each public hearing. Please scan any written testimony, including emails received, as a PDF and upload on this tab. A narrative description of the public input strategy and hearings is also required. Please describe the strategy/approach employed to encourage public attendance and testimony on the Area Plan. Describe all methods used to gain public input and the resultant impact on the Area Plan.

| Date       | Location       | Time     | Is Barrier Free | No of Attendees |
|------------|----------------|----------|-----------------|-----------------|
| 05/22/2015 | Region VII AAA | 10:00 AM | Yes             | 15              |

### Narrative:

An interesting mix of people attended this year's public hearing which for the first time in several years was held at the Region VII AAA office in Bay City. Early publicity in the print and online newspapers including: Bay City Times, Saginaw News, and Midland Daily News spurred a number of calls and e-mails from persons unable to attend the meeting.

Overall, the public input was positive, with much more interest in health, nutrition and how funding fits together to make-up the safety net for older adults than we have heard in prior years. Interestingly enough, some of the most vocal people in attendance at the meeting were Senior Advisory Group members, representatives from various task forces around the region, and service providers. The early publicity did spur several phone and e-mail comments regarding the plan. Those that were not relevant to the FY 2016 Annual Implementation Plan are being routed to the organization responsible for the issue or able to implement the suggestion.

Following is public input that has reached us to date from phone, e-mail or face to face conversations:

- The CARE Act in Michigan, brief discussion on how this legislation fits with our work.
- The program to prevent adult abuse and neglect, TPAAN was discussed.



## ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

- There was mention of a PBS special on caregiving/aging that will run on Father's Day.
- Evidence-based programs, what they are and who benefits was discussed.
- The shortage of healthcare and direct care workers was discussed.
- It was suggested that Region VII AAA offer programs and information from unbiased sources on how people pay for long-term care, what is available and also end of life planning. The caller indicated that so often programs are advertised, but benefit the lawyers and financial planners hosting the program.
- A participant of the Medicaid MI Choice home and community-based waiver is seeking healthier food options. As the individual is under age 60, he is not eligible for home-delivered meals funded in part by the Older Americans Act and thinks that the alternatives should include locally produced whole foods instead of frozen pre-packed meals containing high counts of carbohydrates and sugars.
- Two messages were received regarding the need for respite services in the evenings and on weekends.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Scope of Services

Describe changes from the approved FY 2014-2016 MYP, if any, to the area agency's priorities for addressing identified unmet needs within the PSA for FY 2016. In addition, when a customer desires services not funded under the AIP/MYP or available where they live, describe the options the area agency offers.

1. Describe changes from the approved FY 2014-2016 MYP, if any, to the AAAs priorities for addressing identified unmet needs within the PSA for FY 2016.

No changes are anticipated.

2. When a customer desires services not funded under the AIP/MYP or available where they live, describe the options the area agency offers.

The agency looks at all options available to assist older adults and people with disabilities with their service needs.

Callers and visitors seeking services speak with an Information & Assistance Specialist who are trained Options Counselors. They use a database of aging network services and offer warm transfers to other resources (211, local agencies) who provide the community link to services that the person is requesting. Callers are educated about the different options, whether costs are involved, and also communicating if the service is not available.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Planned Service Array

Complete the FY 2016 Planned Service Array form for your PSA. Indicate the appropriate placement for each OSA service category and Regional Service Definition. Unless noted otherwise, services are understood to be available PSA wide. Beginning with the FY 2016 AIP, there is a required narrative related to the Planned Service Array in the following section. The narrative should describe the area agency's rationale/strategy for selecting the services funded under the Area Plan in contrast to services funded by other resources within the PSA, especially for services not available PSA-wide.

|                           | Access  | In-Home  | Community  |
|---------------------------|---|--|--|
| Provided by Area Agency   | <ul style="list-style-type: none"> <li>Care Management</li> <li>Information and Assistance</li> </ul>   |  |  |
| Contracted by Area Agency | <ul style="list-style-type: none"> <li>Care Management</li> <li>Case Coordination and Support</li> <li>Outreach</li> <li>Transportation</li> </ul>                | <ul style="list-style-type: none"> <li>Chore</li> <li>Homemaking</li> <li>Home Delivered Meals</li> <li>Personal Care</li> <li>Respite Care</li> </ul>   | <ul style="list-style-type: none"> <li>Adult Day Services</li> <li>Congregate Meals</li> <li>Disease Prevention/Health Promotion</li> <li>Home Repair</li> <li>Legal Assistance</li> <li>Long-term Care Ombudsman/Advocacy</li> <li>Senior Center Operations</li> <li>Senior Center Staffing</li> <li>Programs for Prevention of Elder Abuse, Neglect, and Exploitation</li> <li>Caregiver Supplemental Services</li> <li>Kinship Support Services</li> <li>Caregiver Education, Support and Training</li> </ul> |
| Participant Private Pay   |   | <ul style="list-style-type: none"> <li>Home Care Assistance</li> <li>Home Injury Control</li> <li>Home Health Aide</li> <li>Medication Management</li> <li>Assistive Devices &amp; Technologies</li> </ul> | <ul style="list-style-type: none"> <li>Dementia Adult Day Care</li> <li>Health Screening</li> <li>Assistance to the Hearing Impaired and Deaf</li> <li>Vision Services</li> <li>Counseling Services</li> </ul>   |
| Funded by Other Sources   | <ul style="list-style-type: none"> <li>Disaster Advocacy and Outreach Program</li> <li>Transportation</li> </ul>  | <ul style="list-style-type: none"> <li>Friendly Reassurance</li> </ul>   |  |
| Local Millage Funded      | <ul style="list-style-type: none"> <li>Case Coordination and Support</li> <li>Information and Assistance</li> <li>Outreach *</li> <li>Transportation *</li> </ul> | <ul style="list-style-type: none"> <li>Chore *</li> <li>Homemaking</li> <li>Home Delivered Meals</li> <li>Personal Care</li> <li>Respite Care</li> </ul>   | <ul style="list-style-type: none"> <li>Adult Day Services</li> <li>Congregate Meals</li> <li>Disease Prevention/Health Promotion</li> <li>Home Repair *</li> <li>Senior Center Operations</li> <li>Senior Center Staffing</li> <li>Counseling Services *</li> <li>Caregiver Education, Support and Training *</li> </ul>   |

\* Not PSA-wide



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Planned Service Array Narrative

Beginning with the FY 2016 AIP, there is a required narrative related to the Planned Service Array. The narrative should describe the area agency's rationale/strategy for selecting the services funded under the Area Plan in contrast to the services funded by other resources within the PSA, especially for services not available PSA wide. Utilize the text box to present the Planned Service Array Narrative.

Region VII AAA's planned service array reflects the local preferences of communities in the ten-county planning and service area. The agency staff plan to continue being involved with the various community partners in order to identify gaps in service and opportunities to improve the public safety net for older adults.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Targeting

Describe changes for FY 2016, if any, to the area agency's targeting strategy for the MYP cycle, including planned outreach efforts with underserved populations. If none, mark NA in the provided dialog box. If there are changes, indicate in the dialog box how specific goals or targets will be addressed in FY 2016.

1. Describe changes for FY 2016, if any, to the area agency's targeting strategy for the MYP cycle, including planned outreach efforts with underserved populations. If none, mark NA in the provided dialog box.

N/A

2. If there are changes to the area agency's targeting strategy, indicate in the second dialog box how specific goals or targets will be addressed in FY 2016

N/A



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

### Regional Service Definitions

If the area agency is proposing to fund a new service category that is not included in the Operating Standards for Service Programs or the approved FY 2014-2016 MYP, information about the proposed service category must be included under this section. If a Regional Service Definition has been previously approved, enter the service name and indicate whether the service is access, in-home or community. Include the words "previously approved" in the dialog box provided for minimum standards.

| Service Category | Fund Source     |                        |                 | Unit of Service |
|------------------|-----------------|------------------------|-----------------|-----------------|
| Access           | Title III PartB | Title III PartD        | Title III PartE |                 |
| In-Home          | Title VII       | State Alternative Care | State Access    |                 |
| Community        | State In-home   | State Respite          |                 |                 |
|                  | Other _____     |                        |                 |                 |

Service Name/Definition

Minimum Standards

Rationale (explain why activities cannot be funded under an existing service definition)



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Access Services

Some Access Services may be provided to older adults directly through the AAA without a service provision request. These services include: Care Management, Case Coordination and Support, Disaster Advocacy and Outreach Program, Information and Assistance, Outreach, and MATF/St. Caregiver Support funded Transportation. If the area agency is planning to provide any of the above Access Services directly during FY 2016, complete this section.

Select from the list of Access Services the area agency plans to provided directly during FY 2016 and provide the information requested. Also specify the planned goals and activities that will be undertaken to provide the service in the appropriate text box for each service category.

Direct Service Budget details for FY 2016 are to be included under the appropriate tab in the Area Plan Grant Budget. The funding identified in this tab should correspond to the funding (Federal OAA Title III or VII and State funds) identified in the Area Plan grant budget, Direct Service Budget details. The Area Plan grant budget uploaded and saved in AMPS must include Direct Service Budget details.

### Care Management

|                          |            |                        |              |
|--------------------------|------------|------------------------|--------------|
| <u>Starting Date</u>     | 10/01/2015 | <u>Ending Date</u>     | 09/30/2016   |
| Total of Federal Dollars | \$0.00     | Total of State Dollars | \$138,160.00 |

Geographic area to be served

Huron, Sanilac, Tuscola

Specify the planned goals and activities that will be undertaken to provide the service.

Region VII AAA expects to continue with goals stated in the FY 2014 to FY 2016 MYP. They are as follows:

Goal 1: Ensure appropriate care delivery to program participants.

Expected Outcome: Program participants will receive necessary assistance to maintain them in their home through an initial assessment and then quarterly in-home re-assessments; whereby, person-centered plans with emphasis on use of community resources will be developed by un-biased and professional Care Coordinators.

Goal 2: Build and maintain professional relationships to ensure that quality care is provided to program participants.

Expected Outcome: Care Coordinators knowledge of community resources and communication with caregivers and service providers will ensure that each client receives quality care from trained professionals. On-site provider monitoring by trained staff and semi-annual peer review processes reinforce the commitment to quality care.

Goal 3: Enhance the agency's Quality Management Plan.

Expected Outcome: Region VII AAA Care Coordinators along with the agency's Quality Specialist will ensure that program participants receive optimal person-centered, high-quality care that meets or exceeds the established standards of care set forth by the Aging and Adult Services Division of Michigan's Department of Health and Human Services.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

Goal 4: Continue attendance at Care Management meetings sponsored by AASA.

Expected Outcome: Maintain on-going communication with AASA staff regarding CM policies, procedures, and practices.

Goal 5: Continue receiving information and on-going staff trainings regarding the Tailored Caregiver Assessment and Referral program, (T-CARE).

Expected Outcome: To ensure that the needs of the caregivers are identified by well-trained T-CARE staff in an effort to assist caregivers in their provision of informal support to participants.

Goal 6: Participate in training opportunities related to the implementation of the Community Living Program, formerly known as the Nursing Facility Transition Service.

Expected Outcome: Participant choice will be honored and they will maintain their independence in the least restrictive setting based on preferences and objectives.

|  |               |      |                    |      |
|--|---------------|------|--------------------|------|
| Number of client pre-screenings:                                 | Current Year: | 58   | Planned Next Year: | 58   |
| Number of initial client assesments:                             | Current Year: | 44   | Planned Next Year: | 44   |
| Number of initial client care plans:                             | Current Year: | 44   | Planned Next Year: | 44   |
| Total number of clients (carry over plus new):                   | Current Year: | 45   | Planned Next Year: | 45   |
| Staff to client ratio (Active and maintenance per Full time care | Current Year: | 1:50 | Planned Next Year: | 1:50 |

### Information and Assistance

Starting Date 10/01/2015 Ending Date 09/30/2016

Total of Federal Dollars Total of State Dollars \$61,977.00

Geographic area to be served

Entire PSA

### Specify the planned goals and activities that will be undertaken to provide the service.

Goal 1: Maintain and update the agency's Information and Assistance database to include services and resources that meet the needs of older adults and people with disabilities.

Expected Outcome: Staff will monitor the Information & Assistance database to ensure that the most recent data is available and accurate.

Goal 2: Continue to promote professionalism, education and quality improvement of Information and Assistance.

Expected Outcome: Staff will participate in inter-departmental meetings at the agency to ensure that information and programs are current and communicated. Region VII AAA continues to require staff to be certified by the Alliance of Information and Referral System (AIRS) and conducts random monthly quality assurance surveys of 10% of all calls.

Additionally, the agency web site will continue to be updated: [www.region7aaa.org](http://www.region7aaa.org), and staff continue to support the Affordable Care Act Health Care Exchange and MMAP programs.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

Goal 3: Education for our focal points.

Expected Outcome: Provide annual roundtable for exchange of educational materials and best practices.

Goal 4: Enhance marketing efforts of Information & Assistance.

Expected Outcome: Increased number of calls to Information & Assistance.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

### Direct Service Request

It is expected that In-home services, Community services, and Nutrition services will be provided under contracts with community-based service providers. When appropriate, a service provision request may be approved by the State Commission on Services to the Aging. Direct service provision is defined as "providing a service directly to a senior, such as preparing meals, doing chore services, or working with seniors in an adult day setting". Direct service provision by the area agency may be appropriate when in the judgment of OSA: (A) provision is necessary to assure an adequate supply; (B) the service is directly related to the area agency's administrative functions or; (C) a service can be provided by the area agency more economically than any available contractor, and with comparable quality. AAAs that request to provide an in-home service, community service, and/or a nutrition service must complete this section for each service category.

Select the service from the list and enter the requested information pertaining to basis, justification, and public hearing discussion for any new Direct Service Request for FY 2016 (not already approved with the FY 2014-2016 MYP). Specify the planned goals and activities that will be undertaken to provide the service in the appropriate text box for each service category. Direct Service Budget details for FY 2016 are to be included under the appropriate tab in the Area Plan Grant Budget. The funding identified in this tab should correspond to the funding (Federal OAA Title III or VII and State funds) identified in the Area Plan grant budget, Direct Service Budget details. The Area Plan grant budget uploaded and saved in AMPS must include Direct Service Budget details.

Skip this section if the area agency is not planning to provide In-home, Community, or Nutrition Services during FY 2016.

Chore

Total of Federal Dollars

Total of State Dollars

Geographic Area Served

Planned goals and activities that will be undertaken to provide the service in the appropriate text box for each services category.

Section 307(a)(8) of the Older Americans Act provides that services will not be provided directly by an Area Agency on Aging unless, in the judgment of the State agency, it is necessary due to one or more of the three provisions described below. Please select the basis for the services provision request (more than one may be selected).

- (A) Provision of such services by the Area Agency is necessary to assure an adequate supply of such services.
- (B) Such services are directly related to the Area Agency's administrative functions.
- (C) Such services can be provided more economically and with comparable quality by the Area Agency.



## ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

Provide a detailed justification for the service provision request. The justification should address pertinent factors that may include: a cost analysis; needs assessment; a description of the area agency's efforts to secure services from an available provider of such services; or a description of the area agency's efforts to develop additional capacity among existing providers of such services. If the service is considered part of administrative activity, describe the rationale and authority for such a determination.

Describe the discussion, if any, at the public hearings related to this request. Include the date of the hearing(s).



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Regional Service Request

It is expected that regionally defined services will be provided under contracts with community-based service providers. When appropriate, a Regional Direct Service provision request may be approved by the Michigan Commission on Services to the Aging. Regional Direct Service provision by the area agency may be appropriate when in the judgment of OSA: (A) provision is necessary to assure an adequate supply; (B) the service is directly related to the area agency's administrative functions or; (C) a service can be provided by the area agency more economically than any available contractor and with comparable quality.

Area agencies that request to provide a regional service must complete this tab for each service category. Enter the regional service name in the box and click "Add." The regional service name will appear in the dialog box on left after screen refresh. Select the link for the newly added regional service and enter the information requested pertaining to basis, justification, and public hearing discussion for new Regional Service Request for FY 2016 (not already approved with the FY 2014-2016 MYP). Also specify the planned goals and activities that will be undertaken to provide the service in the appropriate text box for each service category. Regional service budget details for FY 2016 are to be included under the appropriate tab in the Area Plan Grant Budget. The funding identified in this tab should correspond to the funding (Federal OAA Title III or VII and State funds) identified in the Area Plan Grant budget, Direct Service budget details. The Area Plan grant budget uploaded and saved in AMPS must include direct service budget details.

Please skip this section if the Area Agency is not planning to provide any regional services directly during FY 2016.

Total of Federal Dollars

Total of State Dollars

Geographic Area Served

Planned goals and activities that will be undertaken to provide the service in the appropriate text box for each services category.

Section 307(a)(8) of the Older Americans Act provides that services will not be provided directly by an Area Agency on Aging unless, in the judgment of the State agency, it is necessary due to one or more of the three provisions described below. Please select the basis for the services provision request (more than one may be selected).

(A) Provision of such services by the Area Agency is necessary to assure an adequate supply of such services.

(B) Such services are directly related to the Area Agency's administrative functions.

(C) Such services can be provided more economically and with comparable quality by the Area Agency.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

Provide a detailed justification for the service provision request. The justification should address pertinent factors that may include: a cost analysis; needs assessment; a description of the area agency's efforts to secure services from an available provider of such services; or a description of the area agency's efforts to develop additional capacity among existing providers of such services. If the service is considered part of administrative activity, describe the rationale and authority for such a determination.

Describe the discussion, if any, at the public hearings related to this request. Include the date of the hearing(s).



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Program Development Objectives

For FY 2016, provide information for all program development goals and objectives that will be actively addressed during the fiscal year. This may include goals and objectives previously presented in the MYP as well as any new goals, objectives, or activities, proposed by the area agency. Beginning with the FY 2016 AIP, the area agency must enter each program development goal in the appropriate text box. It is acceptable, though not required, if the area agency's program development goals correspond to OSA's State Plan Goals. There is an entry box to identify which, if any, State Plan Goals are felt to match up with the entered goal.

A narrative for each program development goal should be entered in the appropriate text box. A separate, cumulative program development narrative is no longer required. Enter objectives related to each program development goal in the appropriate text box. There are also text boxes for the timeline, activities, and expected outcome for each objective. (See Document Library for additional instructions on completing the Program Development Objectives section.)

### Area Agency on Aging Goal

- A. Improve the effectiveness, efficiency, and quality of services provided through the Michigan Aging network and partners.

State Goal Match: 4

#### NARRATIVE

Region VII AAA continues working to develop its capacity to serve people who fall outside of the heavily-weighted Medicaid long-term care system of support. This includes efforts to develop private pay programs and build the agency infrastructure needed to accept Medicare and private health insurances.

CARF accreditation is also expected to enhance our abilities to offer and provide services and supports to a wider audience. Region VII AAA is currently in the process of becoming a CARF accredited organization.

#### OBJECTIVES

1.

Timeline: to

Activities

Expected Outcome

- B. Work to improve the health and nutrition of older adults.

State Goal Match: 1

#### NARRATIVE

Nutrition programs continue to be the core of the service array funded by the Older American's Act (OAA). The shift away from need for congregate dining sites and to in-home services such as home-delivered meals is apparent in all of our counties, but particularly evident in rural communities. All efforts are made to



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

maintain and enhance nutrition programs, and at the same time, make sure that evidence-based workshops are available to those able to participate.

## OBJECTIVES

1. Encourage healthy habits and provide education as necessary to support a healthy older adult population.

Timeline: 10/01/2015 to 09/30/2016

### Activities

An assortment of evidence-based workshops are made available to persons living in the planning and service area by collaborating with partner organizations in the aging network, hospitals, and healthcare providers. Programs funded by the MHEF statewide grant made to 4AM include Diabetes Personal Action Towards Health, (D-PATH) and Matter of Balance. Other programs continue to be funded under the Title III B monies.

The Contracts Manager from Region VII AAA hosts quarterly nutrition provider meetings that provide an information exchange, new menu ideas, and opportunities to visit with the Dietician. The Contracts Manager is also available year-round by phone, in-person, or e-mail to respond to inquiries, questions and problems.

Region VII AAA Advisory Council members visit Senior Centers and meal sites in the county and bring any issues raised to agency staff.

Region VII AAA continues an active advocacy effort which includes ongoing work to increase funding for nutrition programs, and home and community-based supports. Region VII AAA staff participate as a member of the Silver Key Coalition whose goal it is to make Michigan a No Wait State for home-delivered meals and in-home supports and services.

### Expected Outcome

Additional referrals for home-delivered meals are expected.

Functional county-based nutrition programs are expected to continue.

We anticipate meeting our goals for our evidence-based programs, and maintaining master trainers on staff and throughout the planning and service area.

- C. The agency will ensure that older adults have a choice in where they live through increased access to information and services.

State Goal Match: 2

## NARRATIVE

Progress needs to be made by the agency on some aspects of this goal which was in our Multi-year Plan. The agency has not been successful in design of a Care Transition program that meets the needs of all persons served, or in need. Region VII AAA has started tracking MI Choice waiver client hospitalizations



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

and doing some informal follow-up work with them. This program is showing some success. Establishing and partnering with a workgroup within the planning and service area may help us achieve our original MYP goal for Care Transitions.

The agency continues to work with and refer to the Centers for Independent Living for housing issues.

## OBJECTIVES

1. Position Region VII AAA to be the leader in resource development and unbiased guidance for older adults, families, and health care professionals looking for home and community-based services and supports within the planning and service area.

Timeline: 10/01/2015 to 09/30/2016

### Activities

On-going development of housing resources and directories to be shared across the organization and planning and service area

Form a workgroup made up of interested staff from around the aging network to address issues of quality, staff training, and transparency regarding the various options for licensed and unlicensed settings. Use staff training opportunities, including the LGBT for older adults, and the Training to Prevent Adult Abuse and Neglect (TPAAN) , for direct care workers to help accomplish this goal.

### Expected Outcome

Strong participation in services funded under the AIP/MYP

- D. Protect older adults from abuse and financial exploitation.

State Goal Match: 3

## NARRATIVE

The potential for abuse, neglect, and financial exploitation increases exponentially when an older adult relies on the abuser for caregiving or other supports. Region VII AAA continues to educate older adults in hopes that they will know the signs of abuse, exploitation and neglect, and not become a victim and that people in the community will interact and remain vigilant when it comes to identifying and reporting, and that when a problem exists it is remedied using every available tool necessary for a positive outcome for the older adult.

## OBJECTIVES

1. To educate and inform older adults, family members, caregivers and the communities at large about the signs of abuse, neglect and financial exploitation and make sure they know how to report suspicious activity. This includes work by the MMAP department regarding Senior Medicare Patrol, (SMP) and etc.

Timeline: 10/01/2015 to 09/30/2016



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Activities

Staff and Advisory Council members make presentations to retiree groups, faith-based organizations, and community/civic groups on the subject of abuse, neglect, and exploitation. Additionally, Region VII AAA staff participate in county specific workgroups designed to craft Coordinated Community Responses when abuse occurs.

Long-term care ombudsman and Lakeshore Legal Aid as well as others receive frequent referrals from Region VII AAA staff for persons in need of their services.

The Senior Advisory Group (SAG) publishes a quarterly newsletter, which is an open invitation to call with questions or concerns about the aging network that when possible, are resolved efficiently using all available resources. Occasional meetings are held to discuss issues of interest to a larger audience, or to a specific group within a community.

MMAP staff and volunteers continue to meet requirements of the SMP grant for the purpose of educating older adults about the potential for exploitation of social security numbers and fraudulent Medicare claims.

Staff participate in county and community-specific workgroups on the topic of elder abuse prevention as appropriate.

All mechanisms of legislative advocacy, collaboration among providers of senior services and governmental efforts will be explored in FY 2106 as a means of strengthening protections against abuse and financial exploitation of older adults.

## Expected Outcome

Older adults, and their family members, and friends will be educated about the warning signs of elder abuse and financial exploitation



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Advocacy Strategy

Describe the area agency's comprehensive advocacy strategy for FY 2016. Describe how the agency's advocacy efforts will improve the quality of life for older adults with the PSA.

### AAA Response:

All persons coordinating and providing supports and services to older adults in the Region VII AAA planning and service area are ambassadors and advocate on behalf of the population it serves. To that end, in addition to the multi-year plan strategy, the following are specific efforts in our advocacy strategy for FY 2016:

1. Increase exchange of information between Region VII AAA, the county units on aging, members of the Hospital Council of East Central Michigan, and service providers in areas where improved outcomes are likely if everyone has access to available educational opportunities, and knowledge of services and supports. Areas targeted for FY 2016 include Care Transitions, cultural competency and person-centered service provision to older adults who identify as LGBT, and elder abuse prevention efforts.
2. Continue to host quarterly meetings between Region VII AAA and county units on aging with potential for expansion to include additional service providers as the aging network strives to meet the growing need for services and supports to older adults.
3. Expand legislative advocacy working with SAG members, staff at county units on aging, older adults and service providers on issues relevant to the older adult population, and people with disabilities. Increased advocacy will be needed as we see more interest from federal and state lawmakers seeking budget cuts to entitlement programs particularly in the area of home and community-based supports, any number of proposals to make Medicaid a block grant program, the OAA renewal, the CARE ACT in Michigan, Silver Key Coalition and more. In the second half of FY 2016, arrange a workgroup of persons from across the aging network to specifically look at the residential side of aging and be able to shape advocacy messages that address issues impacting costs and quality of care in the various licensed and unlicensed settings. This group would also advocate for improvements and remedy gaps in education and training for workers in these residential settings.
4. Enhance the SAG by including MI Choice participants. Continue one-on-one problem resolution for those who contact the Senior Advisory Group with a specific issue.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Leveraged Partnerships

Describe the area agency's strategy for FY 2016 to partner with providers of services funded by other resources, as indicated in the Planned Service Array. Complete each dialog box below.

1. Include, at a minimum, plans to leverage resources with organizations in the following categories:

- a. Commissions Councils and Departments on Aging.
- b. Health Care Organizations/Systems (e.g. hospitals, health plans, Federally Qualified Health Centers)
- c. Public Health.
- d. Mental Health.
- e. Community Action Agencies.
- f. Centers for Independent Living.
- g. Other

a. Commissions Councils and Departments on Aging-Region VII AAA's Executive Director hosts quarterly meetings inviting the Directors of the county units on aging in our Planning and Service Area to engage in dialogue beneficial to the advancement of the aging network. Potentially, this group will continue to meet and may be expanded to include guest speakers and subject matter experts in the future.

b. Health Care Organizations/Systems (e.g. hospitals, health plans, Federally Qualified Health Centers)-Region VII AAA contracts with some of the health care entities in the Planning and Service area for work with the evidence-based programs. Region VII AAA is an Associate Member of the Hospital Council of East Central Michigan, which represents most of the hospitals in our ten counties. Round robin exchanges of information between the Area Agency on Aging and health care organizations in some counties are conducted at quarterly meetings of human service collaborative groups, senior councils and etc. Region VII AAA Medicaid MI Choice Waiver staff also work with clients referred to them from the Veterans Administration.

c. Public Health-Region VII AAA interacts with public health departments as described in (b) above during information exchanges at meetings in the community. Additionally, the Bay County Health Department holds the U.S. Department of Justice Grant funds for the purpose of creating a county-wide Coordinated, Community Response to elder abuse in Bay County. Region VII AAA staff have routine dialogue and shared work with health department staff on that project.

d. Mental Health-We have no working relationship with community mental health units in our Planning and Service Area.

e. Community Action Agencies--Region VII AAA routinely promotes programs of the Community Action Agencies by sharing information. Additionally the agency contracts with the Saginaw CAC, and Human Development Commission for programs funded by Older American Act dollars. The agency partners in outreach for MMAP programs with all of the Community Action Agencies in our planning and service area.

f. Centers for Independent Living-Region VII AAA has a viable and ongoing relationship in several categories with both the Blue Water Center for Independent Living and the Disability Network of Mid-Michigan.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

## Region VII Area Agency On Aging

FY 2016

g. Region VII AAA engages with a variety of community partners and human service organizations, including 211 North East Michigan to maintain a robust safety net for older adults.

### **2. Describe the area agency's strategy for FY 2016 for working with ADRC partners in the context of the access services system within the planning and service area.**

Region VII AAA starts FY 2016 having just completed an ADRC of the Thumb educational event featuring Peter Leidy, a nationally recognized advocate. The event is designed to launch a conversation called: "Yes, and...." which will strengthen the home and community-based supports system and generate some fresh advocacy efforts for people of any age who reside in the community.

For the remaining seven counties of Bay, Clare, Gladwin, Gratiot, Isabella, Midland, and Saginaw the agency continues to strategize with Disability Network of Mid-Michigan leading the conversation.

### **3. Describe how the area agency can support Aging Friendly Community/Community for a Lifetime initiatives within the PSA, with the following as requested (include any past or present efforts underway).**

- a. Community assessments, senior survey results and demographic data that can be shared with community groups to enhance aging friendly assessments.
- b. Information that can be provided to community groups to enhance the quality of their aging friendly community assessment in such areas as; supportive community systems, health care access, transportation, disease prevention/health promotion, safety, home repair and other relevant areas.
- c. Technical assistance that can be offered to community groups in developing and collaborating on aging friendly community assessments or improvements.
- d. Please identify the area agency staff contact regarding Aging Friendly Communities/Community for a Lifetime activities within the PSA:

For responses to questions a - d, the Program Manager is the staff person designated at Region VII AAA for the Community for a Lifetime initiatives. This person is available to assist with any request from within the ten-county planning and service area with regard to the community assessments, information, and technical assistance.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Community Focal Points

Review the listing of Community Focal Points for your PSA below and update as necessary. Specifically note whether or not updates have been made.

Describe the rationale and method used to assess the ability to be a community focal point, including the definition of community. Explain the process by which community focal points are selected.

Definition for Community Focal Points are identified as geographic areas in which the residents share a sense of identity with each other and their local government. The Region VII Area Agency on Aging determined the rationale for selecting focal points by reviewing:

1. Which unit of government, such as city or county, provides the greater sense of community identification for local residents.
2. Travel patterns within the community for shopping, medical services, social activities and employment.
3. Location and hours of facilities that house recreational activities, social and government services. The Region VII Area Agency on Aging reviewed the following factors in selecting community focal points:
  1. Communities with the highest incidence of older persons with the greatest economic and social needs.
  2. Availability or potential for development of an Information and Referral service component to provide linkage to other AAA-funded services within the community.
  3. Location of facilities suitable for designation, days and hours of facility operation assuring at least a five-day schedule with regular advertised hours of operation that are convenient for older people.
  4. Geographic boundaries of communities and natural neighborhoods.
  5. Availability of confidential meeting space in the facility for other program personnel to conduct client interviews and provide related services.
  6. Preference given to multi-purpose senior centers and congregate nutrition sites when utilized extensively by senior citizens.
  7. Service delivery patterns and proximity within the community to nearby shopping, transportation, financial institutions and other community-based activity programs.
  8. Facilities with affiliations with either city, county or township government, reflecting coordination of AAA and local governmental resources, and preference for maximum utilization of facilities operated in whole or in part by local elected officials.
  9. Accessible facility layout and design to assure that the services housed in the facility are accessible to handicapped elders.
  10. Analysis of staffing patterns, including the work stations for case coordination & support staff

Provide the following information for each focal point within the PSA. List all designated community focal points with name, address, telephone number, website, and contact person. This list should also include the services offered, geographic areas served and the approximate number

|                                 |                                     |
|---------------------------------|-------------------------------------|
| Name:                           | Bay County Division on Aging        |
| Address:                        | 515 Center Ave., Bay City, MI 48708 |
| Website:                        | www.baycounty-mi.gov/Aging          |
| Telephone Number:               | (989) 895-4100                      |
| Contact Person:                 | Tammy Roehrs                        |
| No. of persons within boundary: | 20031                               |
| Service Boundaries:             | Bay County                          |



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

## Region VII Area Agency On Aging

FY 2016

Services Provided: Congregate, HDM, CCS, Homemaking, In-Home Respite, Personal Care, Disease Prevention / Health Promotion, Caregiver Training

Name: Clare County Senior Services  
Address: 225 W. Main Street; Harrison, MI 48625  
Website: www.clareseniorservices.org  
Telephone Number: (989) 539-8870  
Contact Person: Lori Ware  
No. of persons within boundary: 5976  
Service Boundaries: Clare County  
Services Provided: Congregate, HDM, CCS, Homemaking, In-Home Respite, Personal Care, Disease Prevention / Health Promotion, Caregiver Training, Senior Center Staffing

Name: Council on Aging - Gladwin  
Address: 215 S. Antler, Gladwin, MI 48624  
Website: www.gladwincoa.org  
Telephone Number: (989) 426-5450  
Contact Person: Lauren Essenmacher  
No. of persons within boundary: 5246  
Service Boundaries: Gladwin County  
Services Provided: Congregate, HDM, CCS, Homemaking, In-Home Respite, Personal Care, Caregiver Training, Senior Center Staffing

Name: Gratiot County Commission on Aging  
Address: 515 S. Pine River Street; Ithaca, MI 48847  
Website: www.co.gratiot.mi.us/coa  
Telephone Number: (989) 875-5246  
Contact Person: Craig Zeese  
No. of persons within boundary: 6983  
Service Boundaries: Gratiot County  
Services Provided: Caregiver Training, CCS, Chore, Personal Care, In Home Respite, Home Repair, Senior Center Staffing

Name: Human Development Commission  
Address: 429 Montague Ave., Caro, MI 48723  
Website: www.hdc-caro.org  
Telephone Number: (989) 673-4121  
Contact Person: Susan Aberg  
No. of persons within boundary: 8881  
Service Boundaries: Tuscola County  
Services Provided: Caregiver Training, CCS, Chore, Congregate, HDM, Homemaking, Personal Care, In Home Respite, Transportation, Outreach, Adult Day Care

Name: Human Development Commission - Huron Office  
Address: 150 Nugent Rd; Bad Axe, MI 48413  
Website: www.hdc-caro.org  
Telephone Number: (989) 269-9502  
Contact Person: Jessica Kaweck  
No. of persons within boundary: 8984  
Service Boundaries: Huron County



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

## Region VII Area Agency On Aging

FY 2016

Services Provided: Caregiver Training, CCS, Chore, Congregate, HDM, Homemaking, Personal Care, In Home Respite, Transportation, Outreach, Adult Day Care

---

Name: Human Development Commission - Sanilac Office  
 Address: 215 N. Elk Street; Sandusky, MI 48471  
 Website: [www.hdc-caro.org](http://www.hdc-caro.org)  
 Telephone Number: (810) 648-4497  
 Contact Person: Teresa Kohn  
 No. of persons within boundary: 8951  
 Service Boundaries: Sanilac County  
 Services Provided: Caregiver Training, CCS, Chore, Congregate, HDM, Homemaking, Personal Care, In Home Respite, Transportation, Outreach, Adult Day Care

---

Name: Isabella Senior Center  
 Address: 2200 S. Lincoln, Mt. Pleasant, MI 48858  
 Website: [www.isabellacounty.org/dept/coa](http://www.isabellacounty.org/dept/coa)  
 Telephone Number: (989) 772-0748  
 Contact Person: Brenda Upton  
 No. of persons within boundary: 8335  
 Service Boundaries: Isabella County  
 Services Provided: Congregate, HDM, CCS, Homemaking, In-Home Respite, Personal Care, Caregiver Training

---

Name: Midland County Council on Aging  
 Address: 4700 Dublin Ave., Midland, MI 48642  
 Website: [www.seniorservicesmidland.org](http://www.seniorservicesmidland.org)  
 Telephone Number: (989) 633-3700  
 Contact Person: Alan Brown  
 No. of persons within boundary: 10670  
 Service Boundaries: Midland County  
 Services Provided: Congregate, HDM, CCS, Homemaking, In-Home Respite, Caregiver Training, Adult Day Care, Care Management, Transportation

---

Name: Saginaw Co. Commission on Aging  
 Address: 2355 Schust Rd., Saginaw, MI 48603  
 Website: [www.saginawcounty.com/Coa](http://www.saginawcounty.com/Coa)  
 Telephone Number: (989) 797-6880  
 Contact Person: Karen Courneya  
 No. of persons within boundary: 34599  
 Service Boundaries: Saginaw County  
 Services Provided: Congregate, HDM, CCS, Outreach, Transportation, Senior Center Staffing, Care Management, Senior Center Operations, Caregiver Training

---



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Other Grants and Initiatives

Use this section to identify other grants or initiatives that your AAA is participating in with OSA and other partners. Grants or initiatives to be included in this section may include TCARE®, Creating Confident Caregivers® (CCC), Chronic Disease Self-management Programs (CDSMPs) such as PATH, programs supporting persons with dementia, and MMAP. Describe how these grants and other initiatives support the quality of life of older adults within the PSA. Further, describe how these other grants and initiatives reinforce the area agency's planned program development efforts for FY 2016.

**1. Describe other grants and/or initiatives the area agency is participating in with OSA and other partners.**

Region VII AAA receives Medicare Medicaid Assistance Program (MMAP) funding to assist mostly older adults with questions and concerns regarding these government health insurance programs.

The agency also receives money from a Michigan Health Endowment Fund grant made to the statewide 4AM Association for implementation of Diabetes PATH (Personal Action Towards Health) and Matter of Balance (MOB), which is a falls prevention program.

**2. Describe how these grants and other initiatives will improve the quality of life of older adults within the PSA.**

MMAP is beneficial in aiding the older adult population and their friends and family members in sorting out the complicated Medicare and Medicaid benefits, reporting suspicious activity, and trouble shooting when a problem arises.

The increasing variety of evidence-based workshops provide people with desired information specific to their situation in well-designed programs and at locations situated in their communities.

**3. Describe how these grants and other initiatives reinforce the area agency's planned program development efforts for FY 2016.**

The additional grants and special projects undertaken by Region VII AAA round out the service array making us a viable and desired go to point for information in our planning and service area.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## Appendices

Appendices A through F are presented in the list below. Select the appendix from the list on the left. Provide all requested information for selected appendix. Note that older versions of these appendices will not be accepted and should not be uploaded as separate documents. The appendices are the following:

- A. Board of Directors Membership
- B. Advisory Board Membership
- C. Proposal Selection Criteria
- D. Cash-in-lieu of Commodity Agreement
- E. Waiver of Minimum Percentage of a Priority Service Category
- F. Request to Transfer Funds



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## APPENDIX A

### Board of Directors Membership

|                         | Asian/Pacific Islander | African American | Native American/Alaskan | Hispanic Origin | Persons with Disabilities | Female | Total Membership |
|-------------------------|------------------------|------------------|-------------------------|-----------------|---------------------------|--------|------------------|
| Membership Demographics | 0                      | 0                | 0                       | 0               | 0                         | 5      | 12               |
| Aged 60 and Over        | 0                      | 0                | 0                       | 0               | 0                         | 4      | 12               |

| Board Member Name | Geographic Area             | Affiliation         | Elected Official | Appointed | Community Representative |
|-------------------|-----------------------------|---------------------|------------------|-----------|--------------------------|
| Leonard Ballosh   | Saginaw County              |                     |                  | Yes       |                          |
| Patrick Beson     | Bay County                  |                     |                  | Yes       |                          |
| Linda Birgel      | Gladwin County              |                     |                  | Yes       |                          |
| Annie Boensch     | City of Saginaw             | City Commissioner   | Yes              |           |                          |
| Yvonne Corbat     | Midland County              |                     |                  | Yes       |                          |
| Lynn Grim         | Clare County                |                     |                  | Yes       |                          |
| Kenneth Hess      | Tuscola County              |                     |                  | Yes       |                          |
| Donnie Hunt       | Sanilac County              | County Commissioner | Yes              |           |                          |
| Linda Johnson     | Gratiot County              |                     |                  | Yes       |                          |
| Thompson Moffitt  | Isabella County             |                     |                  | Yes       |                          |
| William Walters   | Advisory Council Rep./Labor |                     |                  | Yes       |                          |
| Hank Weitenberner | Huron County                |                     |                  | Yes       |                          |



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## APPENDIX B Advisory Board Membership

|                            | Asian/<br>Pacific<br>Islander | African<br>American | Native<br>American/<br>Alaskan | Hispanic<br>Origin | Persons<br>with<br>Disabilities | Female | Total<br>Membership |
|----------------------------|-------------------------------|---------------------|--------------------------------|--------------------|---------------------------------|--------|---------------------|
| Membership<br>Demographics | 0                             | 0                   | 0                              | 1                  | 0                               | 0      | 12                  |
| Aged 60 and Over           | 0                             | 0                   | 0                              | 1                  | 1                               | 3      | 12                  |

| Board Member Name    | Geographic Area  | Affiliation               |
|----------------------|--|---------------------------|
| Sam Bagnieski        | Gladwin County   |                           |
| Vicente Castellanos  | All Counties   | Minority Representative   |
| Diane Conroy-Kellogg | Gratiot County   |                           |
| Jacqueline Curtis    | Isabella County  |                           |
| Mary Donnelly        | All Counties   | Healthcare Representative |
| Chuck Stack          | Saginaw County   |                           |
| Melvin McNally       | Bay County   |                           |
| Steve Vaughn         | Huron County   |                           |
| Richard Osburn       | Midland County   |                           |
| Henry Wymore         | Tuscola County   |                           |
| Mike Tobin           | Clare County   |                           |
| William Walters      | Sanilac County and All Counties<br>as Labor Representative | Labor Representative      |



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## APPENDIX D

### Agreement for Receipt of Supplemental Cash-In-Lieu of Commodity Payments for the Nutrition Program for the Elderly

The above identified agency, (hereinafter referred to as the GRANTEE), under contract with the Michigan Office of Services to the Aging (OSA), affirms that its contractor(s) have secured local funding for additional meals for senior citizens which is not included in the current fiscal year (see above) application and contract as approved by the GRANTEE.

Estimated number of meals these funds will be used to produce is:

86,763

These meals are administered by the contractor(s) as part of the Nutrition Program for the Elderly, and the meals served are in compliance with all State and Federal requirements applicable to Title III, Part C of the Older Americans Act of 1965, as amended.

Therefore, the GRANTEE agrees to report monthly on a separate OSA Financial Status Report the number of meals served utilizing the local funds, and in consideration of these meals will receive separate reimbursement at the authorized per meal level cash-in-lieu of United States Department of Agriculture commodities, to the extent that these funds are available to OSA.

The GRANTEE also affirms that the cash-in-lieu reimbursement will be used exclusively to purchase domestic agricultural products, and will provide separate accounting for receipt of these funds.



# ANNUAL & MULTI YEAR IMPLEMENTATION PLAN

Michigan Aging and Adult Services Agency

2014-2016

Region VII Area Agency On Aging

FY 2016

## APPENDIX F

### Request to Transfer Funds

|   |  |                                   |
|---|--|-----------------------------------|
| 1   | The Area Agency on Aging requests approval to transfer funds from <b>Title III-B Supportive Services</b> to Title III-C Nutrition Services. The Agency assures that this action will not result in a reduction in support for in-home services and senior center staffing. Rationale for this request is below.  | Amount of Transfer<br><br>0       |
|   |  |                                   |
| 2   | The Area Agency on Aging requests approval to transfer funds from <b>Title III-C1 Congregate Nutrition Services</b> to Title III-B Supportive Services for in-home services. The rationale as to why congregate participation cannot be increased is described below.  | Amount of Transfer<br><br>195,324 |
| The additional funds are required as the 60 and over population increases there is an additional need for home delivered meals. The request for services is expected to continue since the risk for frailty and functionality declines with advanced age. |  |                                   |
| 3   | The Area Agency on Aging requests approval to transfer funds from <b>Title III-C1 Congregate Nutrition</b> to Title III-B Supportive Services for participant transportation to and from meal sites to possibly increase participation in the Congregate Nutrition Program. Rationale for this request is below. | Amount of Transfer<br><br>0       |
|   |  |                                   |



**AREA AGENCY ON AGING--WAGES AND SALARIES**

PSA: VII Region VII Area Agency on Aging

Budget Period 10/1/2015 to: 9/30/2016

Date of Budget: 06/04/15  
Rev. No: 0

| Job Classification             | FTEs         | Operations     |                 | Program Services/Activities |                |               |               |                | T-V              |          | Waiver   |          | Evidence Based Prg | Aging Services   | OSA TOTAL |
|--------------------------------|--------------|----------------|-----------------|-----------------------------|----------------|---------------|---------------|----------------|------------------|----------|----------|----------|--------------------|------------------|-----------|
|                                |              | Admn           | Program Develop | CM Adm                      | CM R-7 & Thumb | State Access  | Adm           | In-Direct      | Direct           |          |          |          |                    |                  |           |
| Executive Director             | 1.00         | 39,849         | 2,916           | 2,916                       | 0              | 0             | 2,915         | 48,596         | 0                | 0        | 0        | 0        | 0                  | 0                | 97,193    |
| Assistant Director             | 1.00         | 734            | 1,468           | 734                         | 0              | 1,468         | 1,468         | 67,544         | 0                | 0        | 0        | 0        | 0                  | 0                | 73,416    |
| Fiscal Manager                 | 1.00         | 50,591         | 0               | 2,772                       | 0              | 0             | 2,079         | 13,861         | 0                | 0        | 0        | 0        | 0                  | 0                | 69,303    |
| Grant Dev/Program Manager      | 1.00         | 9,021          | 36,083          | 0                           | 0              | 0             | 0             | 0              | 0                | 0        | 0        | 0        | 0                  | 0                | 45,104    |
| Contract Manager               | 1.00         | 13,041         | 19,300          | 1,565                       | 0              | 0             | 0             | 18,257         | 0                | 0        | 0        | 0        | 0                  | 0                | 52,163    |
| Housing Specialist             | 1.00         | 0              | 0               | 0                           | 0              | 0             | 0             | 0              | 0                | 0        | 0        | 0        | 0                  | 0                | 43,056    |
| Human Res/IA Manager           | 1.00         | 4,244          | 1,886           | 472                         | 0              | 943           | 943           | 38,664         | 0                | 0        | 0        | 0        | 0                  | 0                | 47,152    |
| IA Coordinator                 | 2.00         | 0              | 0               | 0                           | 0              | 20,276        | 0             | 39,770         | 0                | 0        | 0        | 0        | 0                  | 0                | 71,408    |
| Board Coord/Exec Sec.          | 1.00         | 50,591         | 1,615           | 0                           | 0              | 0             | 0             | 1,615          | 0                | 0        | 0        | 0        | 0                  | 0                | 53,821    |
| Secretary                      | 3.00         | 2,974          | 26,764          | 0                           | 0              | 0             | 0             | 0              | 59,163           | 0        | 0        | 0        | 0                  | 0                | 88,901    |
| Receptionist                   | 1.52         | 17,759         | 348             | 0                           | 0              | 0             | 0             | 16,714         | 0                | 0        | 0        | 0        | 0                  | 0                | 34,821    |
| Fiscal/Tech Asst               | 2.00         | 23,123         | 3,784           | 1,261                       | 0              | 0             | 5,045         | 50,871         | 0                | 0        | 0        | 0        | 0                  | 0                | 84,084    |
| Billing Specialist             | 2.00         | 3,874          | 0               | 0                           | 12,289         | 0             | 0             | 0              | 48,518           | 0        | 0        | 0        | 0                  | 0                | 64,681    |
| MMAP Manager                   | 0.20         | 0              | 0               | 0                           | 0              | 7,738         | 0             | 0              | 0                | 0        | 0        | 0        | 0                  | 0                | 7,738     |
| WACM Director                  | 1.00         | 0              | 0               | 6,190                       | 0              | 0             | 0             | 62,587         | 0                | 0        | 0        | 0        | 0                  | 0                | 68,777    |
| Social Worker Supervisor       | 1.00         | 0              | 0               | 1,845                       | 1,230          | 0             | 0             | 9,223          | 49,187           | 0        | 0        | 0        | 0                  | 0                | 61,485    |
| Social Worker                  | 18.00        | 0              | 0               | 0                           | 20,696         | 0             | 0             | 0              | 714,712          | 0        | 0        | 0        | 0                  | 0                | 735,408   |
| RN Supervisor                  | 1.00         | 0              | 0               | 1,863                       | 1,242          | 0             | 0             | 9,313          | 49,670           | 0        | 0        | 0        | 0                  | 0                | 62,086    |
| Registered Nurse               | 18.00        | 0              | 0               | 0                           | 26,189         | 0             | 0             | 0              | 840,398          | 0        | 0        | 0        | 0                  | 0                | 866,587   |
| WACM Program Asst.             | 1.00         | 0              | 0               | 1,662                       | 0              | 0             | 0             | 0              | 40,360           | 0        | 0        | 0        | 0                  | 0                | 42,042    |
| WA Eligibility Specialist      | 1.00         | 0              | 0               | 0                           | 0              | 0             | 0             | 0              | 48,185           | 0        | 0        | 0        | 0                  | 0                | 48,185    |
| Quality Management/ Eligibilit | 1.00         | 0              | 0               | 0                           | 0              | 0             | 0             | 48,185         | 0                | 0        | 0        | 0        | 0                  | 0                | 48,185    |
| WACM Intake Specialist         | 1.00         | 0              | 0               | 0                           | 17,143         | 0             | 0             | 0              | 21,818           | 0        | 0        | 0        | 0                  | 0                | 38,961    |
| Healthcare Specialist          | 1.00         | 0              | 0               | 0                           | 0              | 0             | 0             | 0              | 43,622           | 0        | 0        | 0        | 0                  | 0                | 43,622    |
| Maintenance                    | 1.00         | 2678           | 1,279           | 320                         | 0              | 640           | 640           | 26,224         | 0                | 0        | 0        | 0        | 0                  | 0                | 31,981    |
| Title V Coordinator            | 1.00         | 0              | 0               | 0                           | 0              | 0             | 9,508         | 0              | 0                | 0        | 0        | 0        | 0                  | 0                | 9,508     |
| <b>TOTAL</b>                   | <b>64.72</b> | <b>218,679</b> | <b>95,443</b>   | <b>21,620</b>               | <b>78,789</b>  | <b>31,065</b> | <b>22,599</b> | <b>451,424</b> | <b>1,958,689</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>11,363</b>      | <b>2,889,671</b> |           |



**FY 2016 AREA PLAN GRANT BUDGET**

Rev. 04/2015

Agency: Region VII Area Agency on Aging

Budget Period: 10/01/15 to 09/30/16

PSA: 7

Date: 05/07/15

Rev. No.: NA

Page 1 of 3

**SERVICES SUMMARY**

| FUND SOURCE                        | SUPPORTIVE SERVICES | NUTRITION SERVICES | TOTAL            |
|------------------------------------|---------------------|--------------------|------------------|
| 1. Federal Title III-B Services    | 951,081             |                    | 951,081          |
| 2. Fed. Title III-C1 (Congregate)  |                     | 455,080            | 455,080          |
| 3. State Congregate Nutrition      |                     | 19,088             | 19,088           |
| 4. Federal Title III-C2 (HDM)      |                     | 748,979            | 748,979          |
| 5. State Home Delivered Meals      |                     | 837,865            | 837,865          |
| 8. Fed. Title III-D (Prev. Health) | 52,386              |                    | 52,386           |
| 9. Federal Title III-E (NFCS/SP)   | 316,934             |                    | 316,934          |
| 10. Federal Title VII-A            | 12,487              |                    | 12,487           |
| 10. Federal Title VII-EAP          | 12,993              |                    | 12,993           |
| 11. State Access                   | 56,977              |                    | 56,977           |
| 12. State In-Home                  | 446,212             |                    | 446,212          |
| 13. State Alternative Care         | 224,511             |                    | 224,511          |
| 14. State Care Management          | 431,825             |                    | 431,825          |
| 16. ST. ANS & ST. NHO              | 129,374             |                    | 129,374          |
| 17. Local Match                    |                     |                    |                  |
| a. Cash                            | 97,756              | 192,059            | 289,815          |
| b. In-Kind                         | 239,008             | 36,941             | 275,949          |
| 18. State Respite Care (Escheat)   | 124,942             |                    | 124,942          |
| 19. MATF & St. CG Support          | 294,173             |                    | 294,173          |
| 20. TCM/Medicaid & CMP             | 46,700              |                    | 46,700           |
| 21. NSIP                           |                     | 716,970            | 716,970          |
| 22. Program Income                 | 573,052             | 1,128,330          | 1,701,382        |
| <b>TOTAL:</b>                      | <b>4,010,411</b>    | <b>4,135,292</b>   | <b>8,145,703</b> |

**ADMINISTRATION**

| Revenues                             | Local Cash     | Local In-Kind | Total          |
|--------------------------------------|----------------|---------------|----------------|
| Federal Administration               | 280,793        | 6,800         | 329,093        |
| State Administration                 | 48,906         |               | 48,906         |
| MATF & St. CG Support Administration | 23,567         |               | 23,567         |
| Other                                | 39,200         |               | 39,200         |
| <b>Total:</b>                        | <b>392,766</b> | <b>6,800</b>  | <b>440,766</b> |

| Expenditures         | FTEs | Amount         |
|----------------------|------|----------------|
| 1. Salaries/Wages    | 4.59 | 240,295        |
| 2. Fringe Benefits   |      | 95,781         |
| 3. Office Operations |      | 104,690        |
| <b>Total:</b>        |      | <b>440,766</b> |

| Cash Match Detail |               | In-Kind Match Detail    |              |
|-------------------|---------------|-------------------------|--------------|
| Source            | Amount        | Source                  | Amount       |
| Local Dues        | 42,000        | In-Kind Space Fed Admin | 2,600        |
|                   |               | In-Kind Space Care Mgmt | 4,000        |
| <b>Total:</b>     | <b>42,000</b> | <b>Total:</b>           | <b>6,600</b> |

I certify that I am authorized to sign on behalf of the Area Agency on Aging. This budget represents necessary costs for implementation of the Area Plan. Adequate documentation and records will be maintained to support required program expenditures.

Signature \_\_\_\_\_

Title \_\_\_\_\_

Date \_\_\_\_\_

## EVIDENCE-BASED PROGRAMS PLANNED FOR FY 2016

Funded Under Disease Prevention Health Promotion Service Definition

Provide the information requested below for Evidence-Based Programs (EBDP) to be funded under Title III-D.

Beginning October 1, 2016 (FY 2017), Title III-D funds can only be used on health promotion programs that meet the highest level criteria as determined by the Administration for Community Living (ACL) Administration on Aging (AoA). Please see the "List of Approved EBDP Programs for Title III-D Funds" in the Document Library. Only programs from this list will be approved beginning in FY 2017.

FY 2016: Area Agencies are encouraged to begin transitioning to highest level EBDP programs during 2016.

| Program Name                               | Provider Name   | Anticipated No. of Participants | Funding Amount |
|--|---|---------------------------------|----------------|
| Matter of Balance                          | Bay County Division on Aging; Clare County Senior Services; Human Development Commission; Senior Services - Midland County Council on Aging; Gratiot County Commission on Aging | 88                              | \$ 16,851      |
| Tai-Chi for Arthritis                      | Saginaw County Commission on Aging & Isabella County Commission on Aging  | 230                             | \$ 17,872      |
| Chronic Pain Self Management Program       | Senior Services - Midland County Council on Aging; MSU Extension;   | 30                              | \$ 4,245       |
| Enhanced Fitness                           | National Kidney Foundation  | 12                              | \$ 524         |
| Chronic Disease Self Management - Diabetes | Senior Services - Midland County Council on Aging; National Kidney Foundation;  | 50                              | \$ 12,894      |
|  |   |                                 | \$             |